

# Rose Package

## WEEKLY OVERVIEW

<i>Week 0</i>	Introduction Survey Life Timeline, Energetic Hygiene
<i>Week 1</i>	Reiki 1 Training, Inner Child Workbook Soul Retrieval + Cord Cutting Energy Healing
<i>Week 2</i>	Shadow Work Workbook Inner Child Healing
<i>Week 3</i>	Shadow Work Workbook Womb Healing
<i>Week 4</i>	Future Self Journaling, Soul Purpose Reading ✓ Soul Retrieval + Cord Cutting Energy Healing
<i>Week 5</i>	Clearing Abundance Blockages + Limiting Beliefs Past Life Healing
<i>Week 6</i>	Clearing Abundance Blockages + Limiting Beliefs Self-Discovery Workbook Womb Healing
<i>Week 7</i>	Communicating Effective Boundaries Inner Child Healing Boundaries Worksheet 1

*Week 8*

Communicating Effective Boundaries  
Soul Retrieval + Cord Cutting Energy Healing  
Boundaries Worksheet 2

*Week 9*

Spirit Guides, Light Codes, Sacred Geometry  
Ego Alchemy

*Week 10*

Spirit Guides, Light Codes, Sacred Geometry  
Learn Automatic Writing  
Past Life Healing

*Week 11*

Review  
Planning + Goal Setting to Fulfill your Purpose

*Week 12*

Ending Survey  
Last session



# COMPARE BOTH PACKAGES

	<b>ROSE PACKAGE</b> 3 MONTH PROGRAM	<b>GOLD PACKAGE</b> 6 MONTH PROGRAM
We'll be Meeting For	12 Weekly Coaching Sessions for 3 Months	24 Weekly Coaching Sessions for 6 Months
Soul Purpose Reading (\$82 Value)	✓	✓
LIFETIME Access to my worksheets, tools, & techniques (\$750 Value)	✓	✓
Private Email Support Mon - Thurs 9-5 pm	✓	✓
<i>FREE BONUS #1</i> - Reiki 1 Certification (\$89 Value)	✓	✓
<i>FREE BONUS #2</i> - Reiki 2 Certification (\$109 Value)	✓	✓
<i>FREE BONUS #3</i> - Light Language Transmissions (\$120-180 Value)	✓	✓
<i>FREE BONUS #4</i> - Crystal Reiki Manifestation Grid Tutorial (\$39 Value)		✓

# Gold Package

## WEEKLY OVERVIEW

<i>Week 0</i>	Introduction Survey Life Timeline, Energetic Hygiene
<i>Week 1</i>	Inner Child Workbook Soul Retrieval + Cord Cutting Energy Healing
<i>Week 2</i>	Reiki 1 Training + Attunement, Inner Child Inner Child Healing
<i>Week 3</i>	Shadow Work Workbook Womb Healing
<i>Week 4</i>	Shadow Work Workbook Ego Alchemy
<i>Week 5</i>	Shadow Work Workbook Soul Retrieval Healing
<i>Week 6</i>	Shadow Work Soul Purpose Reading Delivered
<i>Week 7</i>	Reiki 2 Training + Attunement, Shadow Work Ego Alchemy

<i>Week 8</i>	Future Self Journaling Review Shadow Work
<i>Week 9</i>	Review Future Self Journaling goals OCA Healing
<i>Week 10</i>	Clearing Abundance Blockages + Limiting Beliefs Past Life Healing
<i>Week 11</i>	Clearing Abundance Blockages + Limiting Beliefs
<i>Week 12</i>	Clearing Abundance Blockages + Limiting Beliefs Ego Alchemy
<i>Week 13</i>	Self Discovery Workbook
<i>Week 14</i>	Communicating Effective Boundaries Boundaries Worksheet 1
<i>Week 15</i>	Communicating Effective Boundaries Boundaries Worksheet 2
<i>Week 16</i>	Communicating Effective Boundaries Soul Retrieval + Cord Cutting Healing

<i>Week 17</i>	Communicating Effective Boundaries Ego Alchemy
<i>Week 18</i>	Spirit Guides, Light Codes, Sacred Geometry
<i>Week 19</i>	Spirit Guides, Light Codes, Sacred Geometry Learn Automatic Writing
<i>Week 20</i>	Spirit Guides, Light Codes, Sacred Geometry Past Life Healing
<i>Week 21</i>	Planning + Goal Setting to Fulfill your Purpose
<i>Week 22</i>	Review Soul Retrieval + Cord Cutting
<i>Week 23</i>	Review Ego Alchemy
<i>Week 24</i>	Ending Survey Last session